

Cross-Country Is Here!

Welcome Runners! This is the schedule for our 2021 season of Cross Country. Races will begin after school at about 3:30 with a walk through of the course that will be conducted by the coach of each team. Any runners that arrive early are welcome to follow any school during this process in order to make sure all athletes are familiar with the course. After the walk through we will have three races (K-1, 2-3, 4-5) to begin at 4pm. Boys and girls will run together and finish in separate finish lines. We will rotate through the race order as shown in the calendar to be fair. After the races, there will be a very brief awards ceremony for the top ten boy and girl finishers of each race. We are usually done by about 5:30 or 6:00. Transportation to these races is not provided. Students will need to find their "camp", get their nametag that includes name, school, and grade (provided by team coaches), and begin stretching for the race. You may want to plan extra time for parking as it can be tricky at some parks.

Please remember that good sportsmanship is the ultimate goal at these events. Athletes and parents are expected to behave with a kind and encouraging attitude towards all racers.

Schedule	
20-Sep	RACE @ Rio Vista Park K-1, 2-3, 4-5
4-Oct	RACE @ Reid Park 2-3,4-5, K-1
Fall Break	
18-Oct	RACE @ Himmel Park 4-5, K-1, 2-3
1-Nov	RACE @ Jessie Owens Park K-1,2-3,4-5
16-Nov	RACE @ Mansfield Park K-3, 4, 5,
20-Nov	RACE @ Palo Verde High* *this race starts @ 11am

X = approximate race location in park.



